آرتھرائٹس کیئر فاؤنڈیشن

Patient Care

Research

Education

Arthritis Care Foundation

ANNUAL PROGRESS REPORT

2022-2023

www.arthritiscarefoundation.org

ORGANIZATIONAL OVERVIEW

BACKGROUND

The founders of ACF started community services in Pakistan in 1998, with the establishment of Rheumatology Clinics at Akhtar Mubarik Referral Centre, Lahore, in collaboration with AFJOG and Fatima Memorial Hospital. These services were expanded to collaborate with the Health project of Behbud Association, Lahore, in 2005. These facilities provided free consultations, subsidized/free diagnostics, medications, physiotherapy and/or rehabilitation to indigent or less privileged arthritis patients. Arthritis Care Foundation was formally registered in 2010 as a step towards expanding and maximizing these services to deserving patients of rheumatic diseases requiring financial assistance.

MISSION

To establish, encourage, assist and support, Medical, Social Welfare and Educational activities, pertaining to deserving or under privileged patients, both adult and children with arthritis and other related rheumatic diseases, regardless of their gender, religion, caste, or colour, and without prejudice to the generality of the aforesaid.

OBJECTIVES

- To assist non-paying patients with diagnostic tests as well as with treatment including consultations, laboratory test, radiology, medicines and latest Biologic agents;
- To provide latest treatments, which are highly effective but expensive e. g. Biologic therapies;
- To establish an endowment fund for providing scholarships to trainees in Rheumatology, where by addressing the critical shortage of qualified rheumatologists in the country;
- To facilitate joint replacement for deserving arthritic patients, both children and adults;
- To establish a comprehensive physician, patient and public awareness program, through seminars and disease information booklets;
- To establish patient support groups
- To establish the first Institute of Rheumatic Diseases in Pakistan: for patient care, training and research; and collaborate with other organizations for this purpose.

BOARD OF TRUSTEES

PROF. NIGHAT MIR AHMAD, MD
FOUNDER TRUSTEE & CHAIRPERSON
MBBS, FACP, MACR
Diplomate American Board of Rheumatology
Diplomate of American Board of Internal Medicine
Professor & Associate Dean, Institute of Rheumatic Diseases (IRD)
Central Park Medical College
Chair Department of Rheumatology, National Hospital & Medical Centre
Director & Consultant Rheumatologist, Arthritis Care Centre
Chair Faculty, University of Health Sciences (UHS)
Adjunct Faculty, Fatima Jinnah Medical University (FJMU)

PROF. SUMAIRA FARMAN RAJA
FOUNDER TRUSTEE & CO-CHAIRPERSON
MBBS, FRCP, FACP, FACR,
SCE Rheumatology (UK), CCD
Graduate Certificate Paediatric Rheumatology (Australia)
Head Department of Rheumatology
National Hospital & Medical Centre, Lahore
Visiting Faculty & Chair Paediatric Rheumatology
Institute of Rheumatic Diseases
Central Park Medical College, Lahore
Adjunct Faculty, Fatima Jinnah Medical University, Lahore
Director & Consultant Rheumatologist, Arthritis Care Centre

PROF. MUHAMMAD AHMED SAEED
FOUNDER BOARD MEMBER, CO-CHAIRPERSON
MBBS, FCPS Internal Medicine,
FCPS Rheumatology, FACP, FACR
Consultant Rheumatologist
Professor and Head Institute of Rheumatic Diseases,
Central Park Medical College Lahore
Visiting Faculty of Rheumatology, National Hospital and Medical Centre, Lahore
Adjunct Faculty, Fatima Jinnah Medical University, Lahore
President Pakistan Society for Rheumatology

MS. SAMINA SULTANA
TREASURER
BA, LLB
Managing Partner, Alliance Education Management Services

DR. SAIRA ELAINE ANWER KHAN
GENERAL SECRETARY
MBBS, MRCP, FRCP, CESR Rheumatology
Assistant Professor Rheumatology
Shalamar Medical & Dental College, Lahore
Adjunct Faculty, University of Health Sciences (UHS)

PROF. TASNIM A. RAZA
MBBS, M.Phil Anatomy (Pb)
Director Health Project, Behbud, Lahore

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COL (R) DR. TAUSEEF IRFAN
MBBS, MRCGP
Consultant Family Physician

DR. SHABNUM SARFRAZ
MBBS, MBA, Harvard Global Health LEAD Fellow
Member Social Sector & Devolution
Ministry of Planning, Development & Special Initiatives
Planning Commission
Government of Pakistan

MS. LAILA NUSRAT
Chairperson
Bali Memorial Trust

MR. ASSAD AHMAD
BA Economics (Yale University, USA)
Principal/Senior Executive Officer
Frere Hall Capital Management (UAE)

ARTHRITIS CARE FOUNDATION
HIGHLIGHTS

Arthritis Care Foundation (ACF) with the support of donations from respectable individuals and corporate organizations, has been able to provide consultation and treatment, both free & subsidized, hence preventing disability and relieving suffering of patients with arthritis and other auto-immune diseases.

- Since inception in 2010, ACF has spent more than **Rs. 394 Million** mainly on its core health related projects, which include free & subsidized medications, biologics, as well as facilitation of diagnostics plus provision of scholarships to Post Graduate (PG) trainees in the field of Rheumatology.

- Since 2010, Medications worth **Rs. 141 Million** were provided to sick patients, who otherwise would have become disabled due to uncontrolled arthritis or, in some cases, developed renal failure due to uncontrolled disease. During last Financial Year, **Rs. 17.5 Million** and **Rs. 10.3 Million** worth of conventional medications and Targeted Therapies Drugs were consumed, respectively.

- ACF during the last financial year provided Biologics worth **Rs. 16 Million,** which is an expensive treatment for patients whose arthritis does not respond to conventional medicines. Since inception total of **Rs. 87 Million** were spent on procurement of Biologics.

- Diagnostics/Medical tests worth **Rs. 13 Million** were facilitated for timely diagnosis and monitoring of treatment since ACF inception.

- Apart from patient care, supporting rheumatology fellowship training program is one of the main objectives of ACF. Since inception, ACF has spent **Rs. 41 Million** on Faculty Support Program and on scholarship funding of post graduate trainees in the field of Rheumatology.

- For patients with advanced Osteoarthritis and Rheumatoid Arthritis with irreversible damage to joints, joint replacements are the only option left. ACF has been sponsoring joint replacements of deserving patients since its inception. A single hip replacement costs around Rs. 250,000 to Rs. 300,000 and bilateral knee replacement costs more than Rs. 500,000. So far total of **Rs. 5 Million** has been spent on joint replacements/implants of indigent patients.

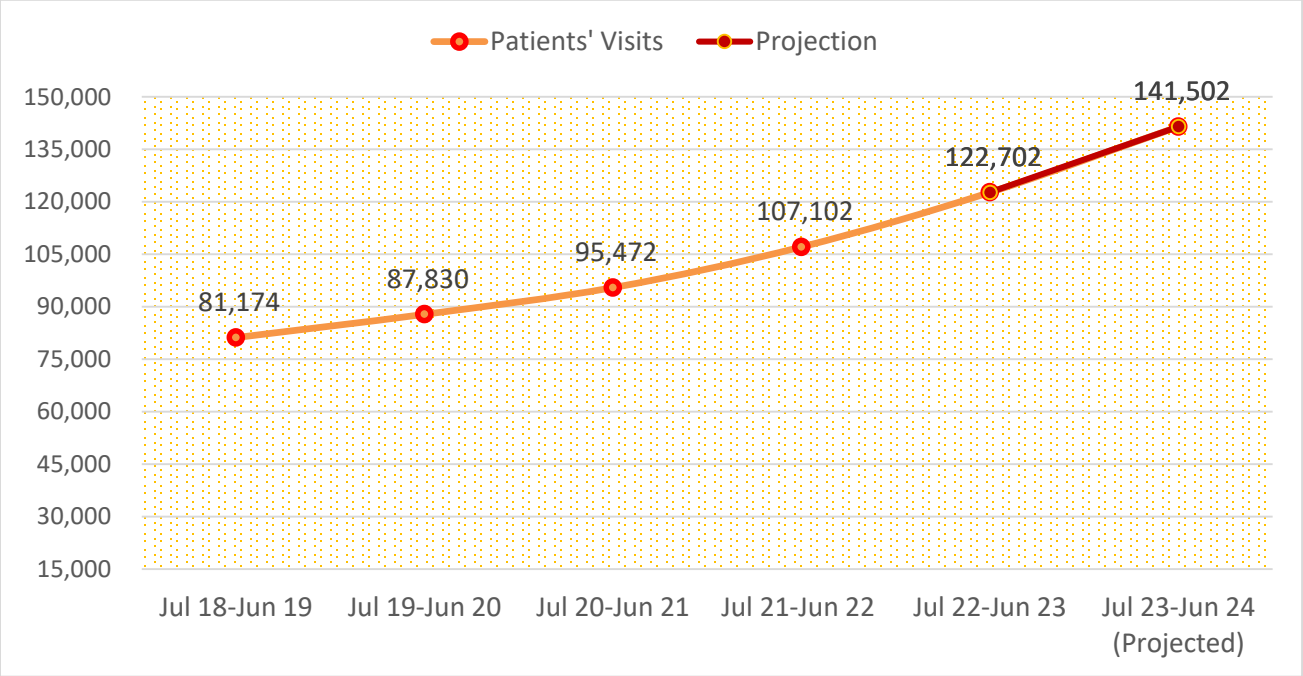
ARTHRITIS CARE FOUNDATION

ACTIVITY REPORT FOR FY 2022-2023

TREND OF PATIENT TURNOVER AT ACF SUPPORTED CLINICS

During financial year 2022-23, a total of 15,147 under privileged patients' visits were accommodated at ACF Charity and various supported clinics, depicting 30% yearly increase.

FIGURE 1: IMPROVED QUALITY OF LIFE OF PATIENTS' FAMILIES



ACF as a registered trust started working for the welfare of patients with rheumatic diseases in Pakistan in 2010. At the time of ACF's inception three founding members started volunteer services and provided state of the art free care to less privileged patients.

As of today, seven volunteer rheumatologists and Eleven doctors on ACF's payroll are providing free & subsidized services at ACF Centre and ACF collaborative clinics at Akhtar Mubarak, Behbud Association, 'AAP Ka Clinic', National Hospital & Medical Centre, and Central Park Teaching Hospital accommodating thousands of indigent patients with arthritis and autoimmune diseases.

ACF CENTRE (MUSLIM TOWN)

With a vision of expanding healthcare services and consolidating charity clinics, Arthritis Care Foundation has acquired a premises (7000 Sq Ft) on rental basis located in the center of Lahore in New Muslim Town area. ACF envisages to build it a state of the art Institute of Rheumatic Diseases providing all services (X-Rays, Diagnostics, and Physiotherapy) under one roof.

Dedicated charity clinics Six days per week are being conducted by qualified rheumatologists including Dr. Saira Khan, Dr. Rafaqat Hameed and Dr. Muhammad Faiq. Additionally, Prof. Nighat Mir (Chair ACF) conduct weekly clinic at ACF Centre. Prof. Sumaira Farman and Prof. Ahmed Saeed (Co-Chairs ACF) do clinics at ACF Centre once every month. One designated Medical Officer and qualified physiotherapist on ACF remunerations are permanently available, Six days a week to facilitate needy patients. With the help of donors, ACF managed to install X-Ray machine; providing subsidized radiology services to deserving patients.

Deserving patients are not only getting free or subsidized consultations but also get free or subsidized medications and biologics through ACF dispensary as well as discounted diagnostics support. During last financial year around **PKR 24 Million** worth of medications were disbursed to deserving patients through ACF dispensary.

INAUGURATION CEREMONY OF ACF CENTRE, APRIL 2023

ACF SUPPORTED CLINICS

In order to reach out more, ACF also collaborates with and supports various projects as under:

- ACF & AFJOG Collaborative Rheumatology Clinic
- ACF & BEHBUD Collaborative Rheumatology Clinic
- ACF Collaboration with National Hospital & Medical Centre
- ACF Collaboration with Central Park Teaching Hospital
- ACF Collaboration with PSIM Foundation (AAP KA CLINIC)

ACF & ASSOCIATION OF FATIMA JINNAH OLD GRADUATES (AFJOG)

Free weekly Rheumatology clinics were started at Akhtar Mubarik Referral Center (AMRC), Lahore in 1998 and later were moved to AFJOG House. AFJOG provides clinic space and support of ancillary staff, diagnostic facilities and physiotherapy free of cost to rheumatology patients.

ACF is sharing with AFJOG AMRC the cost of medications provided to indigent arthritis patients and funding remuneration of a senior medical officer and a dispensary assistant. ACF team provides free consultation once a week.

So far more than **PKR 10.8 Million** worth of medications have been provided to indigent patients through this collaborative project. In the financial year 2022-23, ACF provided medications worth **Rs. 2,813,462/-** to patients seen at AFJOG collaborative rheumatology clinics.

ACF & BEHBUD COLLABORATIVE RHEUMATOLOGY CLINIC

Free Rheumatology clinics were started in collaboration with BEHBUD Association, Lahore in 2006. ACF funded senior medical officer provides free consultation once a week at this clinic. It is ensured that one of the senior consultant attends their monthly health project meeting. ACF incurs the cost for medications for rheumatology patients seen at the BEHBUD Rheumatology Clinic. BEHBUD provides clinic space, ancillary support staff, diagnostic facilities and physiotherapy to rheumatology patients at subsidized rates.

In the last financial year 2022-23, ACF sponsored free medicines at the BEHBUD Rheumatology clinics worth **Rs. 1,370,996/-** and so far **PKR 17.5 Million** has been spent on medications and diagnostics support for patients seen at BEHBUD.

ACF COLLABORATION WITH NATIONAL HOSPITAL & MEDICAL CENTRE

Arthritis Care Foundation has collaborated with Department of Rheumatology, National Hospital & Medical Centre (NH&MC) in strengthening of fellowship program and facilitation of in-patients treatment of white collar patients through negotiated subsidized rates. During the period in discussion, ACF spent **Rs. 606,924/-** on in-patients treatment of ACF referred patients at NH&MC. ACF is also funding remuneration of a Senior Registrar, who is providing patient care at the Rheumatology Department and also actively involves in teaching & training.

Since 2019, six rheumatologists, fully funded by ACF, have completed their fellowship training from the Department of Rheumatology, National Hospital & Medical Centre, Lahore; including a Rheumatologist from Balochistan. He is second of only two rheumatologists providing services in Balochistan. The first rheumatology service set up in Quetta is also by an ACF scholarship recipient. Currently four trainee fellows are being fully or partially funded by ACF at Department of Rheumatology, National Hospital & Medical Centre Lahore.

ACF COLLABORATION WITH CENTRAL PARK TEACHING HOSPITAL

In 2021, through an MOU between ACF and Health & Education Foundation, ACF has joined hands with Central Park Teaching Hospital & Medical College (CPTH&MC); a project of Health & Education Foundation, and established a state of the art Department of Rheumatology.

The Department of Rheumatology is being headed by Prof. Muhammad Ahmed Saeed. ACF aided in establishment of state of art Rheumatology Department at CPMC as well as Biologics Infusion Centre.

ACF is supporting indigent patients through provision of medications (including biologics) and diagnostic facilitation. Through Faculty Support Program, ACF is also funding 50% of faculty of the department including remuneration of an Assistant Professor Rheumatology.

In January 2022, due to efforts of ACF team, the Department of Rheumatology at CPTH got accredited by CPSP for FCPS Rheumatology training program. ACF is funding TWO trainee fellows through its Scholarship Program. During one year period (July-22 to June-23), more than **Rs. 7.7 Million** has been spent on provision of medications, biologics, faculty support and scholarship program at CPTH&MC. Currently, around **Rs. 380,000** per month is being funded by ACF for Human Resources of the Rheumatology Department through Health & Education Foundation.

This department is also recognized as research centre for rheumatic disease patients and is part of The Asia Pacific League of Associations for Rheumatology (APLAR) registry on Spondyloarthritis (a kind of arthritis affecting spine & joints)

ACF COLLABORATION WITH PSIM FOUNDATION (AAP KA CLINIC)

ACF has also collaborated with PSIM Foundation; an initiative of Pakistan Society of Internal Medicine (PSIM), to establish a Rheumatology clinic at 'AAP KA CLINIC' project of PSIM Foundation near Ganga Ram Hospital Lahore; a prime area in central Lahore.

ACF funded qualified rheumatologist is providing clinical services at 'AAP KA CLINIC' once a week. While the PSIM Foundation is providing clinic space, ancillary support and medications to deserving patients seen at the clinic.

PATIENTS' VISITS ACCOMMODATED FROM JULY-2022 TO JUNE-2023

	July 2021 To June 2022	July 2022 To June 2023
ACF CENTRE	1,346	2,174
ACF & BEHBUD Collaborative Rheumatology Clinic	1,202	1,059
ACF & AFJOG Collaborative Rheumatology Clinic	2,792	3,210
ACF patients admitted at NH&MC	24	57
ACF & 'AAP KA CLINIC' Collaborative clinic	22	567
Department of Rheumatology, Central Park Teaching Hospital (Collaborative Project of ACF and Health & Education Foundation)	3,866	4,312
ACF Dispensary *(Medications of referred patients)*	2,400	3,768
TOTAL	**11,652**	**15,147**

ACF SERVICES

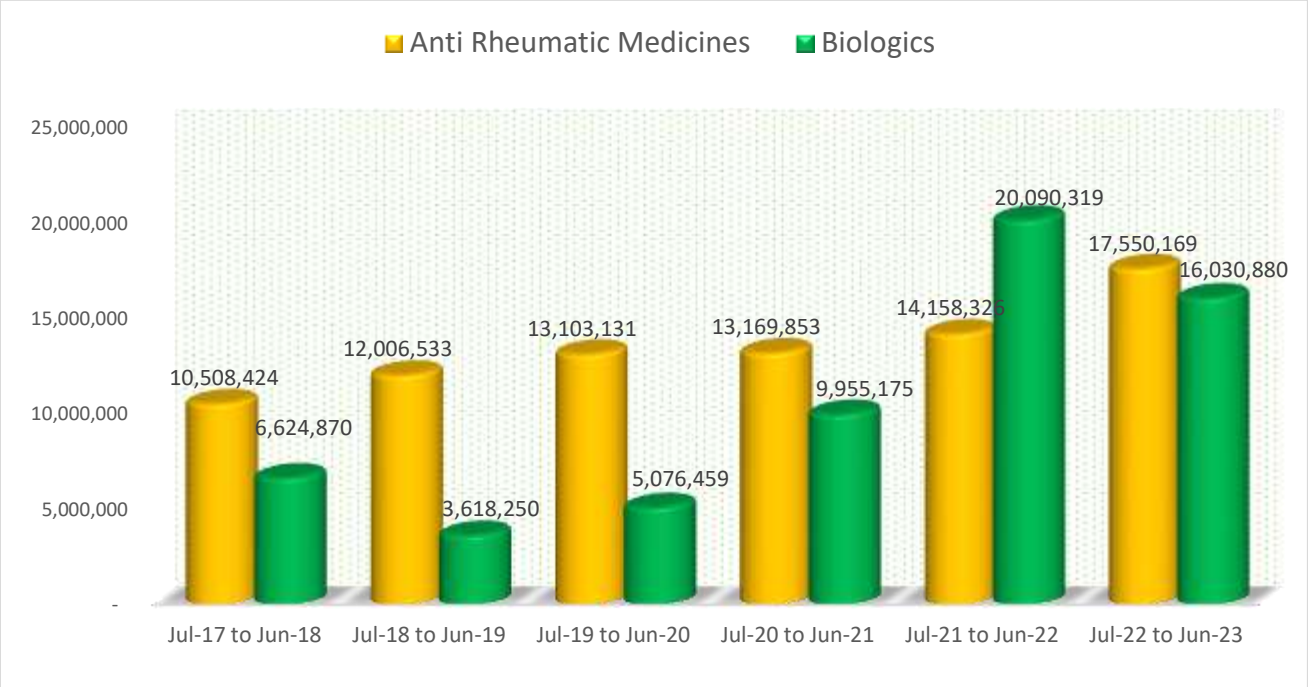
ACF services are listed as below:

1. Conventional Disease Modifying Medications, Diagnostics and Rehabilitation
2. Biologics (Rituximab, Etanercept, Tocilizumab)
3. Joint Replacements Facilitation
4. Expensive Medications for Lupus (SLE) Patients (Mycophenolate Mofetil)
5. Scholarship(s) for Rheumatology Trainee (s)/Fellow(s)
6. Health Awareness Campaigns
7. Printing of Patient Educational Brochures/Newsletters

EXPENDITURE ON MEDICATIONS FUNDED BY ACF

Arthritis patients are first started on conventional disease controlling medications. The average cost for the first line medications ranges from Rs. 15,000 to 80,000 per month.

FIGURE 2 : EXPENDITURE TRENDS; MEDICATIONS & BIOLOGICS



During FY from July-22 to June-23, the cost of medicines consumed for treating patients with various rheumatic diseases was **Rs. 17,550,169/-**. The spending is around **24%** more than as compared to last year expenditure on medication i.e. **Rs. 14,158,326/-,** for same period.

*TOTAL MARKET PRICES OF MEDICATIONS PROCURED DURING FY 2022-2023 WERE **RS. 26 MILLION**. DUE TO NEGOTIATED DISCOUNTED RATES ACF WAS ABLE TO SAVE AROUND **RS. 8.5 MILLION** DURING THE YEAR.*

Out of total medication procurement during the year, **Rs. 7,190,834/-** were spent on procurement of Mycophenolate Mofetil (MMF) for young lupus nephritis patients who otherwise would have developed renal failure due to uncontrolled disease and would have needed dialysis. The spending on MMF medication in FY 22-23 reflected **40%** of total medicine consumption for the year.

*TOTAL MARKET PRICE OF 'MMF' MEDICATIONS PROCURED DURING FY 2022-23 WERE **RS. 13.7 MILLION.** DUE TO NEGOTIATED DISCOUNTED RATES ACF WAS ABLE TO SAVE AROUND **RS. 6.5 MILLION** ON THIS COSTLY MEDICATION.*

TARGETED THERAPY MEDICATIONS

A new highly effective targeted therapy /drug known as a Janus kinase (JAK) inhibitor has been launched lately in Pakistan (FDA approved since 2015). Also known as Tofacitinib; being used for the treatment of autoimmune disorders like Rheumatoid arthritis (RA), Ulcerative Colitis, Ankylosing Spondylitis, Psoriatic arthritis & Polyarticular course JIA.

ACF has entered into an MOU with a National Pharmaceutical and started procuring above medicine on subsidized rates. Treatment with this targeted therapy is helping ACF to curtail overall cost and to reach out more deserving patients.

Total of **Rs. 10,300,094/-** was expensed during July 2022 to June 2023 on procurement of Targeted Therapies Drugs.

*TOTAL MARKET PRICES OF JAK-INHIBITORS PROCURED DURING FY 2022-2023 WERE **RS. 29.8 Million.** DUE TO NEGOTIATED DISCOUNTED RATES ACF WAS ABLE TO SAVE AROUND **RS. 19.5 MILLION** DURING THE YEAR.*

BIOLOGICS

Patients not getting better with first line medicines have to use Biologics to prevent disability & therefore prevent need for Joint Replacement. Therefore in addition to a huge clinical benefit, there is significant health and economic impact as well. Though, these are very expenses medicines. Total of **Rs. 16,030,880/-** was expensed during July 2022 to June 2023 on provision of costly Biologics.

ACF team is not only providing facilitation to patients but also channelizing the deserving patients to Pakistan Bait-ul-Mal; liaising with patient support programs initiated by some pharmaceutical firms. Two of the ACF team members are currently working in public sector hospitals; one at Mayo Hospital and other one at Sir Gangaram Hospital Lahore, have been mainly facilitating these deserving ACF referred patients.

*THROUGH VARIOUS ACCESS PROGRAMS & PATIENT SUPPORT PROGRAMS, ACF FACILITATED PATIENTS FOR THEIR BIOLOGICS WORTH AROUND **RS. 8 MILLION** ADDITIONAL TO **RS. 16 MILLION** WORTH OF BIOLOGICS PROCURED IN 22-23.*

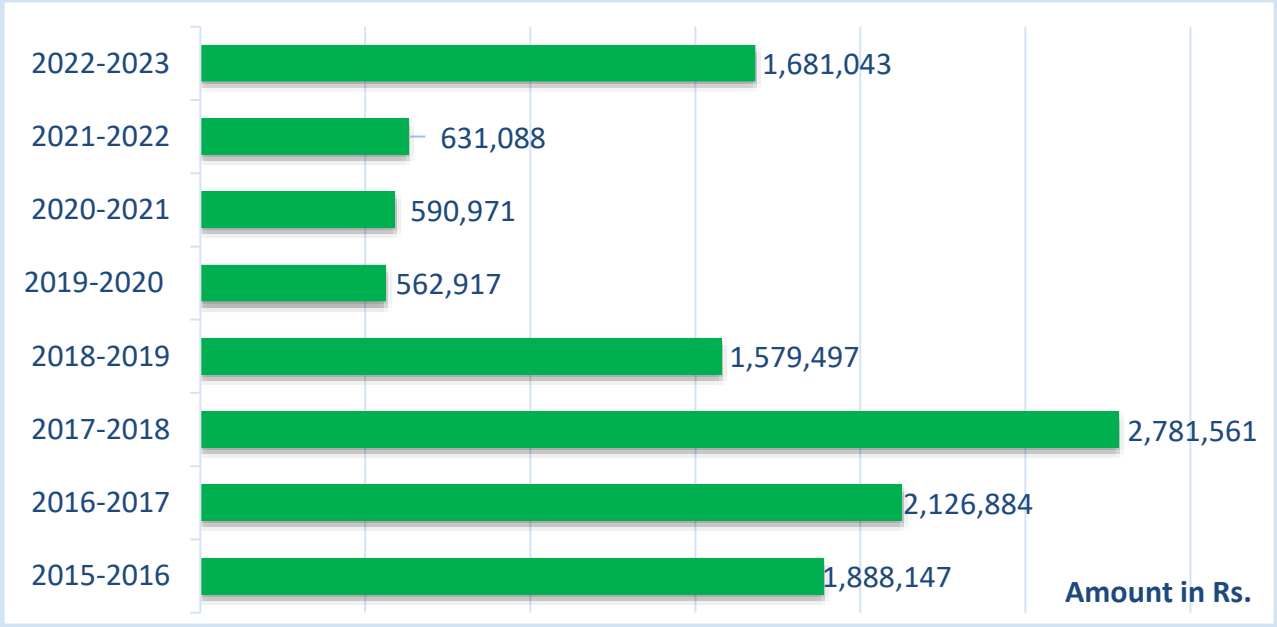
REHABILITATION EQUIPMENT

Every year ACF spent a handful amount on provision of rehabilitation equipment to indigent patients. These equipment includes walkers, crutches, rollators, canes as well as manual and electric wheelchairs. Through these facilitation ACF tries to fulfil its aim of encouraging patients to become an independent member of the society.

DIAGNOSTICS/ MEDICAL TESTS

Lab tests and diagnostics have always been essential for timely screening of disease and proper treatment of patients. Therefore, ACF facilitated Diagnostics through funding of **Rs. 1,681,043/-** during financial year ended June 30, 2023 depicting an increase of 166% as compared to last year's spending i.e. **Rs. 631,088/-** . ACF has increased its budgeted amount upto **Rs. 25 Lacs** for current financial year in order to facilitate for more number of patients.

FIGURE 3 : EXPENDITURE TREND; DIAGNOSTICS



IMPLANTS / JOINT REPLACEMENT

ACF has been sponsoring joint replacements of deserving patients since its inception. During the year ended June 2023, ACF spent **Rs. 185,000/-** on joint replacement facilitation of an underprivileged patient. For current financial year a budget of Rs. 1,000,000/- were designated for the implants of deserving patients.

TEACHING & EDUCATION

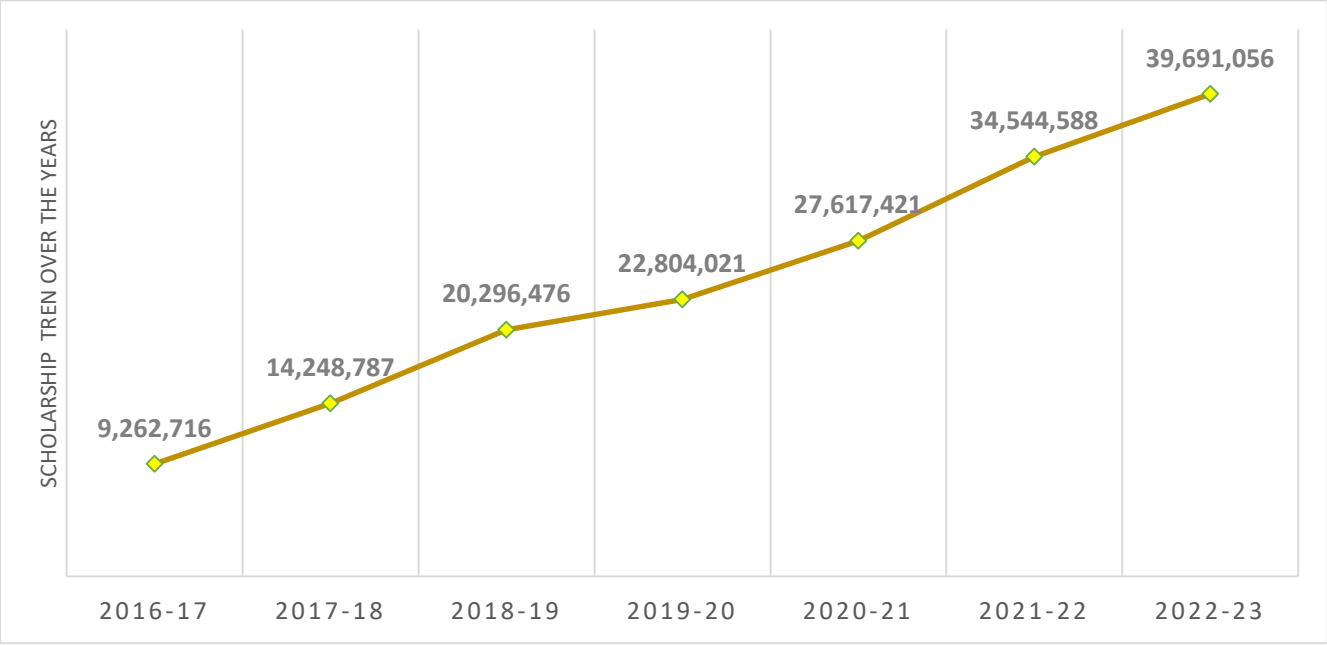
EXPENSES ON SCHOLARSHIP

During the FY 2022-23, ACF provided Seven (7) scholarships for Post Graduate training worth **Rs. 5,345,334/-** with an increased trend of 36% as compared to last FY22 i.e. **Rs. 3,932,167/-.** In account of Faculty Support Program, ACF also sponsored the remunerations of Assistant Professor Rheumatology and Senior Registrar Rheumatology at Central Park Medical College and National Hospital respectively. During the year **Rs. 3,132,300/-** were spent on Faculty Support Program. The overall projected spending on scholarships and faculty support in the financial year 2023-2024 is around Rs. 9.5 million.

So far 31 rheumatologists have been trained by ACF Faculty, covering more than 50% of total practicing rheumatologists in Punjab. Out of these, 21 specialists have fully or partially been trained through ACF scholarship program. Six of alumni have pioneered Rheumatology services at public and private hospitals in Lahore including Mayo Hospital and Sir GangaRam Hospital; setting up the first Rheumatology services in Punjab Govt. sector. Two have started the first ever Rheumatology services in southern Punjab i.e. Multan. Kindly note, patients from these cities and their remote catchment areas previously had to travel to Lahore for getting expert advice.

ACF is currently funding 'Seven' scholarships for PG trainees in rheumatology. Five trainee fellows are under training at the Department of Rheumatology, National Hospital & Medical Centre and 'Two' trainee fellows are under training at the Department of Rheumatology, Central Park Teaching Hospital. Moreover, two of ACF trained rheumatologists started rheumatology services at Balochistan including the first ever rheumatology service set up in Quetta by an ACF scholarship recipient.

FIGURE 4: "ACCUMULATED" TREND OF SCHOLARSHIP FUNDS



SUCCESS STORIES - ACF CHANGING LIVES

My name is Asad Ullah. I joined ACF two months ago. I had a lot of pain in my right hip joint, and the doctors suggested replacing it. ACF helped me get the needed medicines, and the surgery went well. Now, thanks to God, I can walk without help, which I couldn't do before. I'm still getting treatment, and the doctors here are very competent, giving me care and medicines at affordable prices. I'm really thankful.

I was working abroad to support my family. However, I developed Arthritis and lost my job. I had no insurance and could not afford treatment. It affected my joints, skin and resulted in kidney malfunction. I needed Hip replacement also. ACF supported me for hip joint replacement, which cost approximate 6 Lac rupees, and medications given by ACF for lupus was 2 lac rupees. “I AM NOW BACK TO WORK HAPPILY MARRIED & FATHER OF A GIRL”.

I want to express my sincere thanks for the incredible support and assistance that the Arthritis Care Foundation has provided to individuals like me who face the challenges of scleroderma. Based on my personal experience, I would like to share my success story and recognize the crucial role that the Arthritis Care Foundation has played in helping me improve my health and well-being.

40-year-old female patient Tabassum Irshad from Southern Punjab appeared in rheumatology clinics suffering from RA with deformities, OA knees, and severely limited B/L hip mobility. She belongs to a poor family and lives in a village where advanced health facilities are not available. This resulted in a delayed diagnosis of her disease and B/L hip surgery was required. His father and brother are laborers and work in the grain market to run their family. The cost of her B/L hip replacement is approx. 4 lac rupees. ACF Team took her responsibility and she underwent a successful surgery of her left hip replacement. ACF is aiming to support her right hip replacement.

Patient Shakeel, a resident of the rural district of Mianwali, faced a challenging situation when diagnosed with a severe arthritis. Unable to afford the expensive medical treatment, faced a tough situation where he might end up permanently disabled. Understanding the financial constraints faced by Shakeel, ACF facilitated a hip replacement surgery, a critical procedure that would cost approximately 3 lakh rupees. This help not only addressed Shakeel's immediate medical needs but also stopped the potential long-term consequences of permanent disability. Now, Shakeel can walk and manage his tasks independently.

Waqas 26 years patient of lupus diagnosed after 10 years of disease symptoms initially wrongly treated by Dermatologist for eczema and allergy, inadvertently treated as TB because had fever and high ESR. Finally an astute general practitioner who had exposure of managing SLE patients under supervision of Rheumatologist did the diagnostic test which is ANA and Ant- ds DNA and when they turned out to be positive referred him to Arthritis Care Foundation. The foundation has been sponsoring his treatment.

GLOBAL RHEUMATOLOGY EDUCATIONAL INITIATIVE

Arthritis Care Foundation organized a three-day educational program "Global Rheumatology Educational Initiative" in Lahore. The renowned speakers were Dr. Laura B. Lewandowski (Assistant Clinical Investigator, Head of Lupus Genomics and Global Health Disparities Unit, National Institutes of Health USA) and Dr. Sarfaraz A. Hasni (Chief of Lupus Clinical Trials Unit, Director of Lupus Clinical Research Program, National Institutes of Health USA).

The three days educational initiative was organized at ACF Centre at New Muslim Town, King Edward Medical University (KEMU), National Hospital & Medical Centre (NH&MC) and Fatimah Jinnah Medical University (FJMU).

Panel discussions to improve teaching, training and research in Rheumatology in a developing country like us, were conducted by Prof. Nighat Mir Ahmed MD, Prof. Dr. Sumaira Farman Raja and Prof. Dr. Muhammad Ahmed Saeed, together with Prof. Dr. Khalid Masood Gondal T.I (VC, FJMU), Prof. Dr. Mahmood Ayaz (VC, KEMU), Prof. Dr. Shahida Khawaja (CEO, NH&MC), and Dr. Muneera Ahmad (President, AFJOG) during the program.

GLOBAL RHEUMATOLOGY EDUCATIONAL INITIATIVE
3RD MEETING, OCTOBER 2023

PUBLIC AWARENESS ACTIVITIES

AWARENESS & EDUCATIONAL PROGRAMS

ACF holds frequent public awareness activities including organizing educational seminars & walks and prints brochures on various rheumatic diseases and newsletters for patients & general public. During the years, ACF team organized several educational/awareness seminars and walks in collaboration with Department of Rheumatology, Central Park Teaching Hospital and Department of Rheumatology & Medicine, Fatima Jinnah Medical University (FJMU), Lahore. This is part of ACF commitment towards public awareness about these diseases.

- In May 2023, ACF organized a LUPUS Awareness Seminar in collaboration with JANG Group (Mir Khalil-ur-Rehman Memorial Society) at PC Hotel. Renowned Rheumatologists of the town shared their expert insights about the disease. The educational event was very well attended by the audience including general public and patients' families. Later on, an educational activity of ACF Lupus Support Group was arranged, which was participated by female patients and their families. Expert Rheumatologists and Psychologists provided their expert opinions. All of these activities were sponsored by Pharmaceutical partners.

- ACF team co-organized an awareness seminar, in connection with World Ankylosing Spondylitis Day in collaboration with Axial Spondyloarthritis International Federation (ASIF) UK and Pakistan's well-known media group i.e. Express News and with the support of an international pharmaceutical. Renowned Rheumatologists of the town participated and shared their valuable insights with the audience and responded to queries. ACF team is pleased to announce that ACF has been recognized as member of Axial Spondyloarthritis International Federation (ASIF) representing first and only organization from Pakistan.

- Arthritis Care Foundation has also setup an Ankylosing spondylitis support group and currently there are around 30 registered members. ACF is planning to hold their first meeting in the last quarter of this year. There are also few volunteers who are willing to be part of this activity; who themselves have been diagnosed with Ankylosing spondylitis.

- Second meeting of ACF Lupus Support Group was arranged at ACF Centre in October 2023, which was participated by female patients and their families. Guest rheumatologists i.e. Dr. Laura B. Lewandowski and Dr. Sarfaraz A. Hasni, conducted the question & answer sessions, and met with patients and their families. They also performed clinical examinations of few juvenile patients.

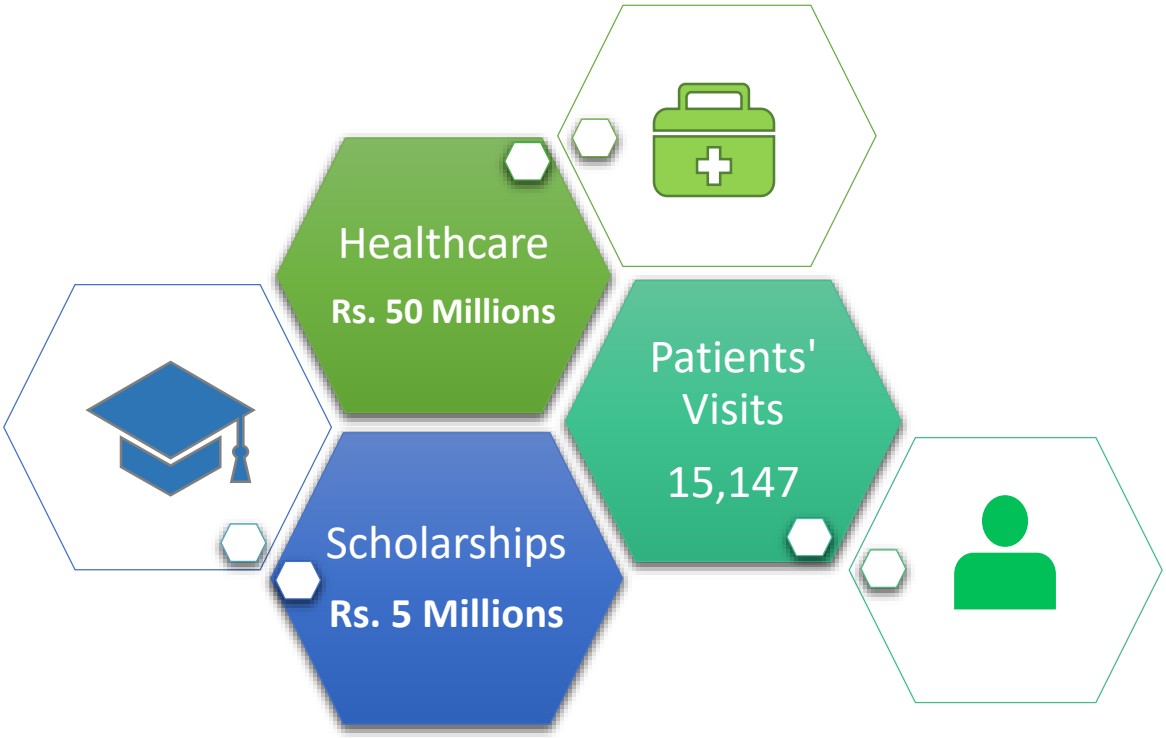
- In October 2023, Arthritis Care Foundation in collaboration with Fatima Jinnah Medical University (FJMU) organized an educational seminar and walk in connection with World Arthritis Day.

PUBLIC AWARENESS SEMINAR
IN CONNECTION WITH 'WORLD LUPUS DAY' IN COLLABOTATION WITH
MIR KHALEEL-UR-REHMAN MEMORIAL SOCIETY (JANG NEWS GROUP), MAY 2023

ACF LUPUS SUPPORT GROUP
MEETING WITH LUPUS WARRIORS AT PC HOTEL LAHORE
MAY 2023

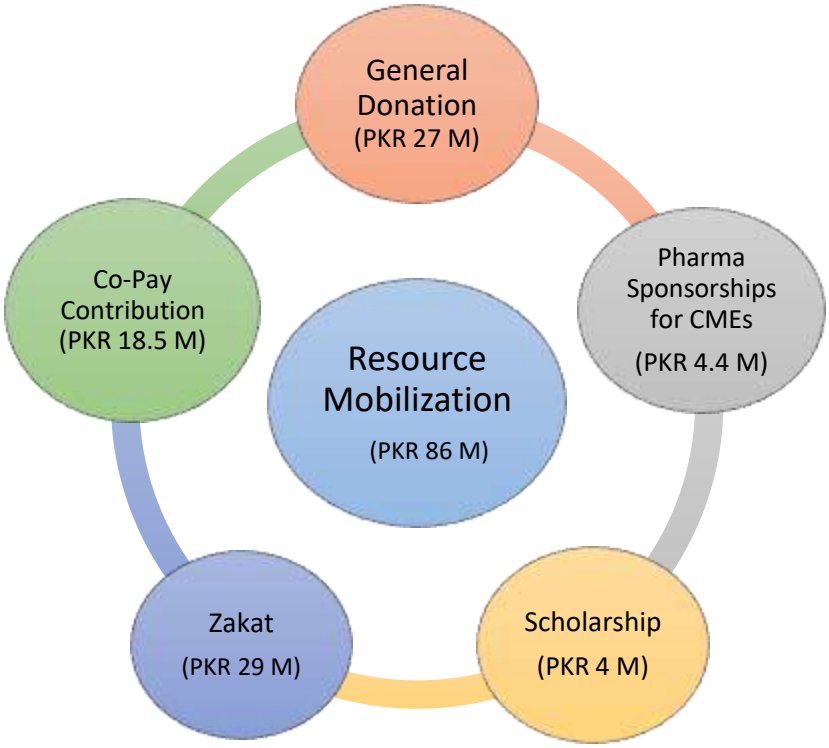
PUBLIC AWARENESS SEMINAR & WALK
IN CONNECTION WITH 'WORLD ARTHRITIS DAY' IN COLLABOTATION WITH
DEPARTMENT OF MEDICINE, FATIMA JINNAH MEDICAL UNIVERSITY, OCTOBER 2023

PUBLIC AWARENESS SEMINAR
IN CONNECTION WITH "WORLD ANKYLOSING SPONDYLITIS DAY" IN COLLABORATION WITH
AXIAL SPONDYLOARTHRITIS INTERNATIONAL FEDERATION (ASIF) UK AND EXPRESS NEWS, MAY 2023



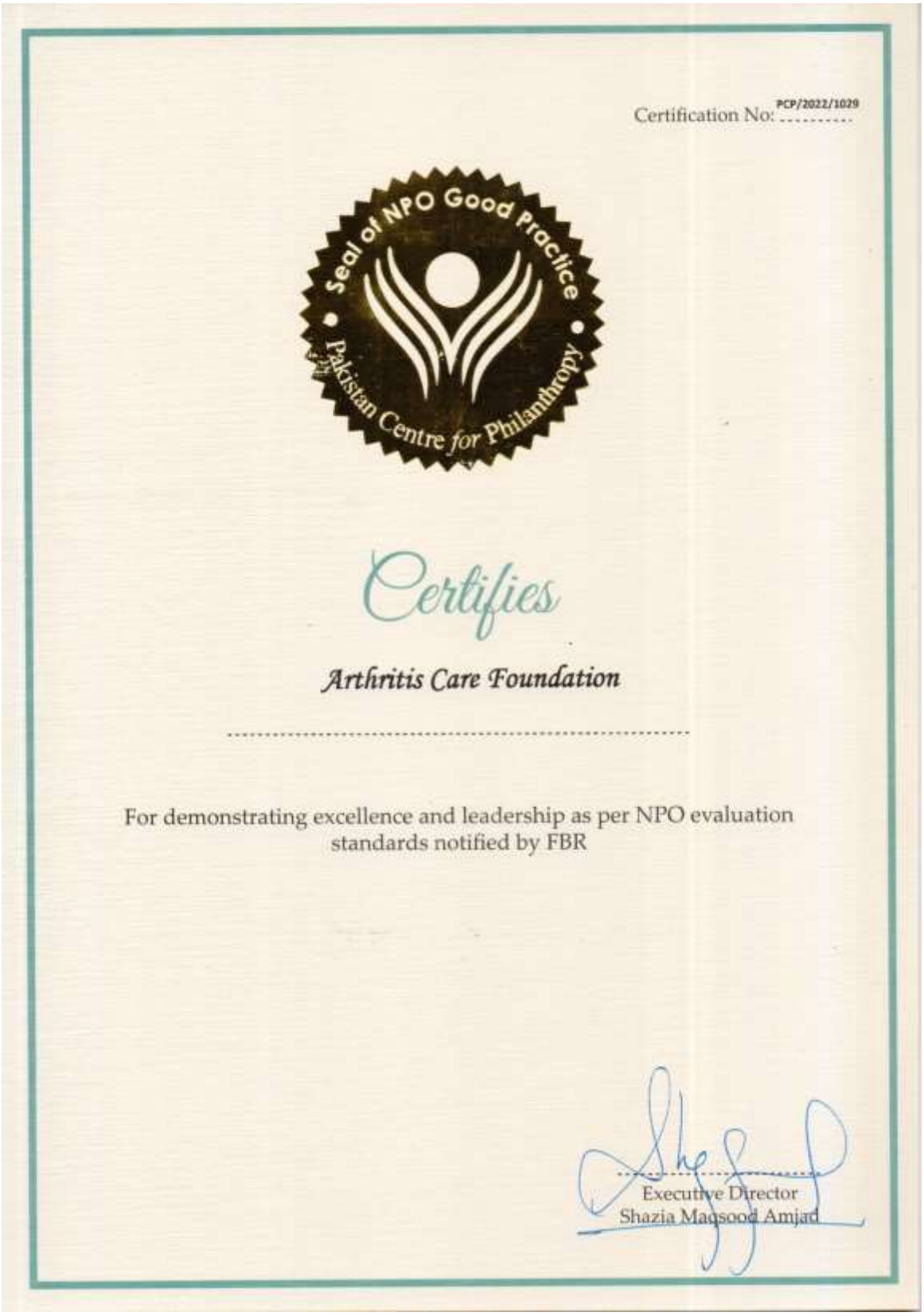
RESOURCE MOBILIZATION

Through charity drives during the year, ACF collected **Rs. 29 Million** through Zakat. We are grateful to our donors for support and assistance, which is always utilized with the utmost care. List of our corporate donors is also growing.



ACCREDITATIONS & CERTIFICATIONS

PAKISTAN CENTRE FOR PHILANTHROPY



Certification No: PCP/2022/1029

Seal of NPO Good Practice

Pakistan Centre for Philanthropy

Certifies

Arthritis Care Foundation

For demonstrating excellence and leadership as per NPO evaluation standards notified by FBR

Executive Director
Shazia Maqsood Amjad

TAX EXEMPTION CERTIFICATE

Federal Board of Revenue
Revenue Division - Government of Pakistan

Inland Revenue Service

2(36)(c) (Order to grant / refuse / maintain / withdraw approval to Non-Profit Organization)

Name: ARTHRITIS CARE FOUNDATION
Address: 32/1 J-BLOCK PHASE VIII

Contact No:

100000129986953

Registration No 3562153
Tax Year : 2022
Period : 01-Jul-2021 - 30-Jun-2022
Medium : Online
Due Date : 08-Sep-2022

Document Date 08-Sep-2022

RENEWAL OF APPROVAL UNDER SECTION 2(36) OF THE INCOME TAX ORDINANCE, 2001 READ WITH RULE 212 OF THE INCOME TAX RULES, 2002 –

M/S. Arthritis Care Foundation is a taxpayer registered with FBR. Jurisdiction in the instant case has been assigned to the undersigned by the Board. The applicant had applied for renewal of its approval under Section 2(36) of the Income Tax Ordinance, 2001 (hereinafter referred to as the Ordinance) through Iris on 22.06.2022 for tax year 2022, last approval u/s 2(36) of the said ordinance was accorded by the concern Commissioner vide order J-1107 dated 20-09-2013.

In order to evaluate the performance of the applicant in terms of clause (g) of sub-rule (2) of Rule 211 of the Income Tax Rules, 2002, a committee consisting of departmental officers was constituted by the Chief Commissioner Inland Revenue, CTO, Lahore. The Committee evaluated the performance with reference to governance, financial, management and programmed delivery of the applicant in accordance with documentary evidence as required under relevant Income Tax Rules.

The committee submitted its report vide letter bearing No 171 dated 07-09-2022 and recommended renewal of approval for three years. In the light of Committee's recommendation, I am of the opinion that applicant duly complies with the requirements of the relevant Income Tax Rules and merits renewal of approval in term of section 2 (36) of the said Ordinance.

Therefore, the applicant's request for renewal of its approval as a Non-Profit Organization is hereby approved subject to the following conditions:
1.This approval is valid for a period of three Tax Years i.e., for Tax year 2022, 2023, and 2024, and shall expire on 30-06-2024 unless withdrawn earlier;
2. The applicant has submitted PCP application, the subsequent certificate will be provided as and when received.
3. The Applicant shall apply afresh under the prescribed rules for revaluation of its status as a Non-Profit Organization in terms of Section 2(36) of the Ordinance after the date mentioned at Serial No. 1, if it deems so;
4. During the period mentioned at Serial No.1, the NPO shall comply with all the relevant provisions and rules including Section 100C of the Ordinance and Chapter XVII of the Income Tax Rules, 2002. In case of violation of any legal provisions or relevant rules, the approval shall stand withdrawn ab-initio.

Dr. Erfa Iqbal
Commissioner (Legal)
Inland Revenue,
CTO LAHORE, NABHA ROAD
LAHORE

HOW YOU CAN HELP ACF

You can support ACF by making a general donation, a Zakat donation, or a Sadqa donation. Zakat donation are exclusively spent on Medications for deserving patients in line with the Shariah. Your support will help procure medication for deserving arthritis patients or can be used to fully or partially sponsor one of the following:

- Medication for one Rheumatoid arthritis patient Rs.50,000/annum
- Medicine for one Lupus (SLE) Nephritis Patient Rs.80,000/annum
- Biologic/Injectable for un-controlled Rheumatoid arthritis or Lupus patient Rs.20,000/month
- Joint Replacement Rs. 100,000 (Approx.)
- Treatment for JIA/Childhood Arthritis Rs.10,000/month

You can donate by choosing one of the following:
1. You can courier crossed cheques in the name of
"ARTHRITIS CARE FOUNDATION"
to ACF Postal Address: 12 – B, New Muslim Town, Lahore
or contact ACF Helpline: **0336-4313637**

2. FOR ELECTRONIC TRANSFER:

A/C Title: Arthritis Care Foundation ***A/C No.*** 0010000326530011 ***IBAN #*** PK98ABPA0010000326530011 **ALLIED BANK LTD** Mahmood Ali Kasuri Road Lahore **Branch Code:** 0909 **Swift Code:** ABPAPKKA	***A/C Title:*** Arthritis Care Foundation ***A/C No.*** 0081003109950001 ***IBAN #*** PK22MCIB0081003109950001 **MCB ISLAMIC BANK LTD** Z-Block DHA Lahore **Branch Code:** 008 **Swift Code:** MCIBPKKI

3. International donors can get tax exemption if they opt to donate through I-Care Foundation, America via following link

https://i-care-foundation.org/charity/arthritis-care-foundation-acf/donate/?org=Arthritis%20Care%20Foundation%20(ACF)&amount=0

4. For online donations and to learn about our activities visit our website
www.arthritiscarefoundation.org

FRIENDS OF ACF
We are where we are because of you all!

LEARNING ALLIANCE

I-CARE FOUNDATION

WAHEED SONS

NEW PAK SURGICAL

CONTACT DETAIL

	Arthritis Care Foundation 12-B, New Muslim Town, Oppo Bank of Punjab, Ayubia Market, Lahore
	+92-336-4313637 +92-42-35468591
	info@arthritiscare.org.pk acf_helpline@yahoo.com
	www.arthritiscarefoundation.org
	www.facebook.com/pages/arthritiscarefoundation

Certified By
Pakistan Centre *for*
Philanthropy